

Specialist Coaching Programmes

Coaching for NHS leaders

As a senior executive within the NHS life can be very rewarding, however it can also be overclouded by politics, strategy and culture which can sometimes make it a tough environment. Senior Executives are keen to see the NHS deliver an efficient service, however often find this difficult due to powers out of your control.

Forces from all directions can make treading a straight path very difficult. With multiple stakeholders, such as the CQC, trusts, government and the staff it is easy to get lost in terms of how you lead. There is also a sense that one day you may come into work and find you no longer have a job due to issues beyond your control.

Everyday there is constant reminders of how you may get things wrong, this can eat away at your capacity and ultimately leave executives with low resilience and therefore not performing at their best.

You are looking for a programme that helps you get off the day-to-day management and look at the role and where it is going, and ultimately where you are going with it personally. This executive coaching programme will bring about greater personal confidence allowing you to step out of the day-to-day management and look more at the strategic elements of your role.

With a large amount of experience at the executive level with the NHS we know the issues that NHS leaders have to face. This Coaching for NHS leaders programme is designed to help you break through the uncertainty and confusion and give yourself personal leadership confidence that you can then pass on to your team and ultimately the patients.

This 12 months one to one programme is intense, taking minimum time out of a busy workload but delivering maximum input to you as a leader and to your team and the people around you.

Sessions will be held with an experienced executive coach, they will last two hours and take place monthly.

The six sessions will cover the key elements of performance development, these being

- Identify the key elements required for development
- Break down the barriers to success
- Set plan for moving forward

This coaching programme will leave NHS executives with a legacy of changed management style and improved resilience leading to greater performance in the same amount of time.

Who's it for

This programme is designed for NHS Chief Executives and above.

How does it work?

