

# Coaching Programmes for Middle Managers

## Coaching for Management Confidence

With over ten years of experience in the coaching field we have learnt that the number one reason why leaders find it hard to become better leaders is because they struggle with being confident as a manager.

The reason for lack of confidence may include many things with the most popular being

- Presentation skills
- Managing upwards
- Giving immediate and appropriate feedback
- Being inspiring
- Understanding the strategy and providing clear direction for the team

This highly professional one to one coaching service is specifically designed for middle managers looking to improve their confidence by understanding what is driving their lack of confidence and breaking through the barriers to greater performance as a leader.

Sessions may be face to face or virtual, or a combination of both. Coachees will go through 6 sessions of one or two hours over a period of six months.

The programme will cover

- Identification of key management issues
- Developing personal issues to leadership growth
- Barriers to development
- Identifying actions for development
- Implement action plan.

You will be left transformed leaders delivering greater performance with a more capable and professional approach to management and leadership

The coaching will be assessed on a Return on Objectives basis.

### Who's it for

Designed for any manager who is looking to improve their confidence as a manager. This may be

- Any middle manager looking to take themselves to the next level and wishes to accelerate this process.
- Talented managers looking to answers to questions that will help improve their style of leadership.

**How does it work?**

