

# Coaching Programmes for Junior Managers

## Coaching for Management Confidence

With over ten years of experience in the coaching field we have learnt that the number one reason why managers struggle to become excellent leaders is because they struggle with being confident as a manager.

The reason for lack of confidence may include many things with the most popular being

- Presentation skills
- Giving immediate and appropriate feedback
- Understand right and wrong behaviours
- Being inspiring
- Providing clear direction for the team

This highly professional one to one coaching service is specifically designed for junior managers looking to improve their confidence by understanding what is driving their lack of confidence and breaking through the barriers to greater performance as a leader.

Sessions may be face to face or virtual, or a combination of both. Coachees will go through 6 sessions of one or two hours over a period of six months.

The programme will cover

- Identification of key management issues
- Identifying personal issues
- Barriers to development
- Identifying actions for development
- Implement action plan.

Coachees will be left transformed; managers delivering greater performance with a more capable and professional approach to management.

The coaching will be assessed on a Return on Objectives basis.

### Who's it for

Designed for any manager who is looking to improve their confidence as a manager. This may be

- managers new into post or possibly managers who have been in the role for some time.
- Managers looking to significantly improve the impact of their management style or looking to answer questions about how to manage will find this service dramatically improves their confidence as a manager.

**How does it work**

