

## **Coaching Programmes for Executive Level**

## **Leadership Boot Camp**

In an environment that is constantly changing where results mean everything and they need to be in tomorrow, it can be difficult for senior executives to see a way of improving their output from what is currently being delivered.

How does an executive get more out of themselves in an environment where there is no time to stop and think. What is needed is the opportunity to carve out the time to challenge individual ways of working and come up with radical new methods to solve problems that significantly increases performance

The leadership boot camp is just the solution for the busy executive. It is a full-on one to one executive coaching programme that will look to

- Break down barriers to success
- Remove self-limiting beliefs
- Make communication more effective
- Understand and align values
- Improve leadership skills
- Clarify strategic and operational thinking.

This highly engaging one to one coaching programme will be delivered by an expert executive coach who will take a constructively challenging approach. Executives on this programme will have no-where to hide, however they will come out with a significantly better understanding of themselves and how they can perform better within their organisation.

The programme designed only for senior executives will last for 6 months and in that time an executive coach will shadow the coachee during their day-to-day business, and then feedback outcomes in the 12 two-hour one-to-ones.

At the beginning of the programme there will be the following

- Personality profiling
- Psychometric assessment
- 360 degree assessment.

This radical executive coaching programme will leave executives transformed into more effective leaders delivering much greater performance in such 6 months.

## Who's it for

The leadership boot camp is designed for leaders that you have identified could be encouraged to deliver more for less. This includes board members, and first reports to the senior team.

The programme may also be suitable for anyone with a strategic responsibility within the business who is not on the board.



## How does it work?

