

# Coaching Programmes for Executive Leaders

## Coaching for Leadership Confidence

At the top of their game many executives are highly skilled and highly experienced. Having done most of the training available and understanding themselves and their style intimately it can be difficult to find a way to take them to the next level, to break through barriers into a new realm of strategic leadership.

One of the most effective ways of doing this is recognised as being Executive coaching, a One to One high challenge environment that works individually with the executive to push them out of their comfort zone into the stretch zone, where the real learning occurs.

To deliver this there need to be three aligned elements

1. An experienced, accredited and credible executive coach
2. A personal and/or organisational need for the executive to need development
3. A willing executive ready to open up and be taken to the next level

The imposter syndrome is something that we have heard many times in the last 10 years, executives with the secret belief that one day they are going to get caught out that actually they don't know what they are doing. This programme aims to take executives to a level of confidence with their leadership in which they will never questions themselves again. Covering issues such as situational leadership, emotional intelligence and unconscious bias, this programme is for all senior executives who have not stopped learning.

This highly bespoke challenging one-to-one executive coaching service is specifically designed for your most senior leaders looking to improve their leadership ability by understanding what is stopping them breaking through the barriers to greater performance as a leader.

Sessions will all be face to face, they will be 2 hours long and take place monthly for 12 months. Giving the executive a years' worth of invaluable development and time to improve themselves for their business.

Executives will be left understanding themselves and their impact a lot better, this will results in them delivering greater performance with a more capable and professional approach to leadership

The coaching will be assessed on a Return on Objectives basis.

### Who's it for

This programme is designed for your most senior executives. Those on the board, senior team or equivalent.

**How does it work?**

