



Dear Coachee,

Subject : Aim Higher Coaching

Welcome to the Aim Higher executive coaching programme from Unlimited Potential, a proven programme that generates significant business results. Unlimited Potential is one of Europe's fastest growing executive coaching companies and I would like to welcome you to our success.

This questionnaire is the first in a series of steps that are designed to change the way you think, act and manage forever.

Following completion of this questionnaire you will receive a list of four potential coaches for your coaching requirement. From this list you select two to meet and spend one hour coaching with them to find out the most suitable for your development requirements. Once selected the coach will work with you directly to set up times for the coaching sessions.

At this stage it is important for us to get a feel for where your development requirements are. The questionnaire is designed to allow us to pick the most suitable coach for your requirements. It is also designed to give us an idea of your objectives for the programme to allow us to assess programme success.

Your actual coaching sessions will be completely confidential, however the information from this form will be shared with your sponsoring organisation and the potential coaches for your programme.

Once complete please scan and e-mail to insight@unlimitedpotential.co.uk or post to

Unlimited Potential, Chestnut House, Eridge Road, Eridge Green, Tunbridge Wells, Kent, TN3 9JU. Please return within one week of receipt.

Should you have any questions about the coaching process, your coach or extending your programme please call Unlimited Potential on 0845 626 2244.

If you struggle with any of the questions please leave them blank.

I look forward to hearing your feedback at the end of the programme.

Tim Hawkes

Managing Director

www.unlimitedpotential.co.uk



Aim Higher coaching - Pre-Coaching Questionnaire

Name	<input type="text"/>
Position	<input type="text"/>
Company	<input type="text"/>
Phone	<input type="text"/>
Date	<input type="text"/>
E-mail	<input type="text"/>

Please give us the location (address) where the coaching will take place

Circle 3 words that describe how you imagine your coaching will be?

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|----------------------|----------------------------|---------------------|----------------------------|
| Involving | Challenging | Motivational | Emotional |
| Absorbing | Useful | Theoretical | Career focussed |
| Relevant | Strategic | Enlightening | Management focussed |
| Realistic | Pragmatic | Structured | Tough |
| Operational | Thought provoking | Invigorating | Spiritual |
| Comprehensive | Leadership focussed | Interesting | Life changing |



What are your 3 key challenges at the moment (work and personal)?

List 5 things that you are good at?

List 5 things you are bad at?

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List three key objectives you would like to achieve from the coaching?

What would you like to be doing in 12 months time?