



Online Free Resources

We develop people – they develop your business

Executive Coaching - Killer questions

Examples of questions you can use are set out in the list below. This is by no means a definitive list, and if you continue coaching over a period, you should develop your own additional ones to make your coaching effective.

1. What is the best moment for you in the last day? Why?
2. What is one thing you would consider changing about your life?
3. How do you want to be remembered?
4. What is the one question you are not asking yourself?
5. What is the best thing that could happen today?
6. What is a dream that you have?
7. What job do you secretly wish you had/were qualified for?
8. What does your ideal day look like?
9. If you could change one thing at work, what would it be?
10. Define success
11. Who has been most influential in your life?
12. What is your greatest work achievement?
13. Who is someone who can always make you laugh and lighten up?
14. What is it that gets you up in the morning to go to work?
15. What's your greatest regret?
16. Who are you?