

Psychometric Tools for Coaching

Other Services to Compliment Coaching

There are many tools to support a coaching intervention to help managers get the most out of their people. Have you ever considered using psychometric tools as part of your management style? Perhaps you have already done character profiling on the team and are looking to translate that into meaningful activities.

Psychometric analysis of individual and team performance can be a helpful process in the identification of development needs and areas for personal and professional growth when coaching, particularly in more logical industries like manufacturing.

This workshop offers advice and guidance on how coaches and managers can assimilate psychometrics and diagnostic tools to support individuals in the workplace. Used effectively, such assessments are very useful indicators and help to identify an individual's personality traits, preferences, interests and preferred style of working. This would enable the coach to more clearly recognise the coachee's strengths and identify any specific development needs.

Topics Covered

- **Understanding psychometric tools and diagnostics**
- **The 15FQ questionnaire**
- **Identifying individual and team role preferences**



Patrick Lund



Patrick has a strong background in the private, public and third sector and incorporates a range of coaching and psychological approaches to enable individuals to maximise their performance and utilise their full potential.

He has worked in education, community development and management consultancy, and has a unique blend of styles for developing people with integrated approaches to personal and corporate wellbeing.

Patrick has an underpinning belief that the more an individual learns about their own preferences, aspirations, motivations and areas for development, the greater their performance will be. From individual and team analysis, through to leadership development, he is skilled in the use of such interventions to provide measurable results.

Patrick is a qualified counsellor and trained in the use of solution focused models, skilled helper approaches and transactional analysis.

Qualifications

- Certificate and graduate diploma in counseling
- TA foundation certificate in psychotherapy
- Diplomas in both life and performance coaching
- NLP practitioner